Our mission:

Tioga Opportunities, Inc. creates partnerships that strengthen communities while empowering individuals and families to achieve independence and enrich their quality of life.

- Increase safety and energy efficiency in homes
- Provide healthy food, breastfeeding support, and nutrition education for young families
- Improve the nutritional health of older adults
- Build stronger neighborhoods with safe and affordable housing
- Connect people to services they cannot find or identify
- Improve the community with housing rehabilitation
- Help people live independently in their own homes
- Improve overall health and well-being by providing access to medical appointments
- Help avoid the worry and stress of unintended pregnancies
- Increase knowledge regarding Medicare insurance options
- Help people become financially stable

www.tiogaopp.org
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