

What happens during family development?

1. The family develops a *partnership* with a family self-sufficiency worker.
2. A family development worker *helps the family assess* its needs and strengths—an ongoing process.
3. *The family sets its own major goal* (such as getting off welfare or providing health care for a family member) and interim goals working toward the major goal, then identifies ideas for reaching them.
4. The family development worker *helps the family make a written plan* for pursuing goals. Some tasks are the family's responsibility; some are the worker's. Accomplishments are celebrated; the plan is continually updated.
5. The family *learns and practices skills* needed to become self-reliant.
6. *The family uses services as stepping stones* to reach its goals.
7. The family's sense of responsibility is restored. *The family (and each individual within the family) is strengthened by the family development process* so becomes better able to handle future challenges.

Overview of the nationally recognized & respected FDC course

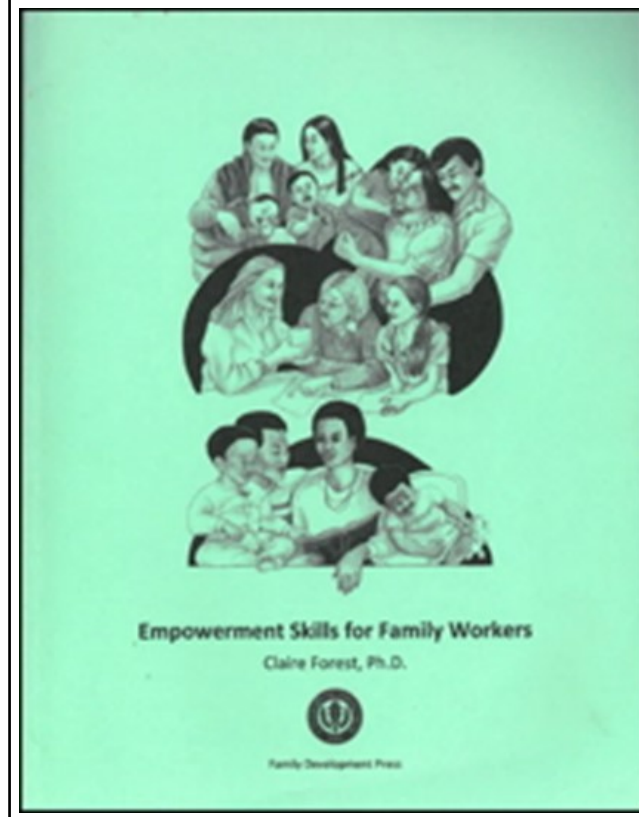
- ⇒ 90 hours of interactive instruction, based on the text, Empowerment Skills for Family Workers, a strengths-based family support curriculum developed by Cornell University
- ⇒ Classes offered by community-based instructors trained and supported by the state FDC system
- ⇒ An experiential and supportive adult learning environment that promotes discussion and reflection
- ⇒ Development of a skills portfolio documenting knowledge and skills with guidance of a trained portfolio advisor
- ⇒ With successful completion of the FDC course, an approved portfolio, and passing a standardized exam, workers earn the FDC credential

2020: All sessions are held Thursdays (every other week), **8:30 a.m. to 4:30 p.m.** at **Tioga Opportunities, Inc.**
9 Sheldon Guile Blvd., Owego, NY 13827

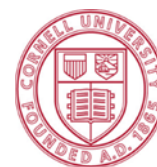
- January 9 & 23
- February 6 & 20
- March 5 & 19
- April 2 & 16 & 30
- May 14 & 28
- June 11 & 25
- Test date: July 9th

Course Fee: \$900 includes credentialing fee and worker's handbook.

Family Development Credential Program



This program is in partnership with Tioga Opportunities, Inc. and Cornell University Cooperative Extension Tioga County.



Cornell University
Cooperative Extension
Tioga County



Classes start January 9, 2020 at Tioga Opportunities, Inc., Owego, NY

Space is limited; reservations must be made by December 28. For more information, please contact:

Denene Ennis: dennis@tiogaopp.org
or 607-687-4222 ext. 305

OR

Jackie Spencer: jds77@cornell.edu
or 607-687-4020

Tioga Opportunities, Inc.

9 Sheldon Guile Blvd.
Owego, NY 13827

www.tiogaopp.org

Cornell Cooperative Extension of Tioga County

56 Main Street
Owego, NY 13827

www.tioga.cce.cornell.edu

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and that provides equal program and employment opportunities.

Accommodations for persons with special needs may be requested by calling 607-687-4020.

TOI is an Equal Opportunity Employer and service provider.

“Family development is helping to transform health care, human services, and education one person—and one organization—at a time, while also profoundly influencing state and federal policy. The cornerstone of our work is respect for each person’s culture and definition of family.” —Claire Forest, PhD

The Family Development Credential Program

The FDC Program of University of Connecticut is a professional development course and credentialing program for frontline family workers to learn and practice skills of strength-based family support.

Family development staff members work with families across the life span including families with young children, teen parents, older adults, people with disabilities, and many other groups.

To earn the FDC, a worker must:

- ⇒ Complete **90 hours** of interactive classroom instruction based on the *Empowerment for Family Worker* curriculum.
- ⇒ Prepare a **Skills Portfolio** with support of a portfolio advisor, and
- ⇒ Pass a state **credentialing exam**.

Course Fee: \$900 *includes credentialing fee and worker’s handbook

The FDC credential is applicable for college credit and/or contact hours. FDC can be used to document training hours for both new NYSPEP Parenting Educator Credential applicants and for renewals.

www.familydevelopmentcredential.org

Core Competencies of the FDC Course

1. Family Development: A Sustainable Route to Healthy Self-Reliance
2. Communicating with Skill and Heart
3. Presence and Mindfulness: Cornerstones of Healthy Relationships
4. Taking Good Care of Yourself
5. Our Diverse World
6. Strengths-Based Assessment
7. Helping Families Set and Reach Their Own Goals
8. Helping Families Access Specialized Services
9. Home Visiting
10. Collaboration and Community Support

Praise for the Empowerment Skills for Family Workers curriculum from frontline family workers:

- ⇒ *“It helped me remember why I went into this work in the first place!”*
- ⇒ *“I have a renewed attitude toward the families I work with. This course showed me what it’s like to be on the other side of the desk.”*
- ⇒ *“Now, I’m looking for strengths. Last year I never thought about how important that step is when working with families.”*
- ⇒ *“I’m more patient and communicate better with families. I look at situations differently now.”*
- ⇒ *“This class should be a prerequisite for every front-line worker!”*