



Are You WIC Eligible?

Many families qualify and don't even know it.

To qualify for WIC, individuals must meet categorical, residential, and financial requirements.

1. Categorical

Applicants for the NYS WIC Program must be:

- A pregnant woman;
- An infant or child up to 5 years old;
- A mother of an infant up to 6 months old;
- A breastfeeding mother with an infant up to 12 months old.

2. Residential

Applicants must be a resident of New York State.

3. Financial

Applicants must meet income eligibility guidelines (see table below) or receive Medicaid, SNAP (Food Stamps), or TANF (Temporary Assistance for Needy Families).

Federal WIC Income Eligibility Guidelines Effective through June 30, 2022

Household Size	Annual	Monthly	Twice-Monthly	Bi-Weekly	Weekly
1	\$23,828	\$1,986	\$993	\$917	\$459
2	32,227	2,686	1,343	1,240	620
3	40,626	3,386	1,693	1,563	782
4	49,025	4,086	2,043	1,886	943
5	57,424	4,786	2,393	2,209	1,105
6	65,823	5,486	2,743	2,532	1,266
7	74,222	6,186	3,093	2,855	1,428
8	82,621	6,886	3,443	3,178	1,589
For each additional member, add:	+\$8,399	+\$700	+\$350	+\$324	+\$162

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Use our online eligibility calculator to see if you are eligible for WIC today!



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