

Early childhood experiences are as much about lifelong physical and mental health as they are about early learning and readiness to succeed in school."

—Center Director, Jack P. Shonkoff, M.D.

The Facts about ACES?

ACES are common.

61%

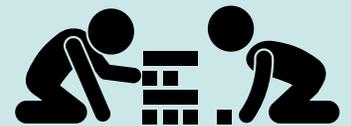
of adults surveyed across 25 states reported that they had experienced at least one type of ACE.

Nearly 1 in 6 reported they had experienced four or more types of ACES.



Children with stimulating and positive environments early in life (from birth to 8 years) have optimal foundations for their ongoing physical, social, emotional, and cognitive development.

(Heckman, 2006)



A study by the Annie E. Casey Foundation found that students who were not proficient in reading by the end of third grade were four times more likely to drop out of high school than proficient readers

Preventing ACES could potentially reduce a large number of health conditions.



For example, up to 1.9 million cases of heart disease and 21 million cases of depression could have been potentially avoided by preventing ACES.

Some children are at greater risk than others.



Women and several racial/ethnic minority groups were at greater risk for having experienced 4 or more types of ACES.

Attributable Risk- percentage of issue potentially preventable by preventing ACES (CDC 2016):

61% Incarceration

62% Victim Intimate Partner Violence

65% Alcoholism

67% Suicide

69% Serious and Persistent Mental Illness



ACES are costly.

The economic and social costs to families, communities, and society totals hundreds of billions of dollars each year.



Did you know?

On January 6, 2021 Parts 414, 416, and 417 and Subparts 418-1 and 418-2 of Title 18 of the Official Compilation of Codes, Rules and Regulations of the State of New York (NYCRR) were amended to include adverse childhood experiences (ACEs) as a required training topic for child care providers (part of the mandated 30 hours of training as required of the state).



For more information or to schedule a training contact:

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