Tioga Opportunities, Inc. Family Health Clinic



Confidential, compassionate, and inclusive services to meet all of your health care needs!

Preventive Care

- Well-woman Visits
- Cervical, Testicular and
 Breast Cancer Screenings

Reproductive Health

- Birth Control
- Free Condoms
- Emergency Contraception
- Urine Pregnancy Tests
- STI/STD Testing
- Expedited Partner Treatment

Education & Support

- 1:1 or Classroom Based Questions and Education (Virtual Option)
- Referrals to Support Your
 Overall Health

Acute Care

- Lead Testing
- COVID, RSV, and Flu Testing
- Strep Testing
- Sore Throat
- Cold Symptoms
- Ear Pain
- Rashes
- Fever
- UTI or Yeast infections

TOI is not currently equipped to see patients requiring emergency care including chest pain, abdominal pain, sutures, or X-ray.



Call us at 607-687-5333



If you are uninsured, call to find out what options may be available for getting your services covered.

Clinic Hours	
Monday	9AM-7PM
Tuesday	9AM-5PM
Wednesday	9AM-5PM
Thursday	9AM-5PM
Friday	9AM-3PM
Saturday and Sunday	CLOSED

Follow us for updates about our clinic, services, and educational content!









Tioga Opportunities, Inc., Family Health Clinic 110 Central Ave., Owego, NY 13827





Visit Our Website