

2023-2024 HEAP Monthly Income Limits

Your total household gross monthly income for your household size must be at or below the following guidelines:

2023-2024 HEAP Benefit Gross Monthly Income Guidelines

Household Size	Maximum Gross Monthly Income
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1	\$3,035
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2	\$3,970
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3	\$4,904
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4	\$5,838
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5	\$6,772
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6	\$7,706
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7	\$7,881
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8	\$8,056
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9	\$8,231
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10	\$8,407
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11	\$8,582
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12	\$8,890
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13	\$9,532
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Each additional Add \$642

Questions regarding the HEAP program should be directed to your [HEAP Local District Contact](#) or the OTDA Hotline at 1-800-342-3009.

Source: <https://otda.ny.gov/programs/heap/>